



Education Campus (K-8) Lunch Menu

May 2016

The cost of a paid student meal is \$2.10 for elementary students. Per the Healthy Schools Act, there is no charge for reduced meals. Full student lunch includes choice of entrée (includes a source of protein and a grain/bread accompaniments), 2 vegetable sides, 1 fruit side & choice of 1% or skim white milk. All grains are whole grain rich. Did you know— If you see it in **green**, it's **local** and if you see it in **blue**, the meal has **international influence**!

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|---|
| May 2 | May 3 | May 4 | May 5 | May 6 |
| Buffalo Chicken Wrap OR Gözleme (Savory Turkish Flatbread filled with Kale & Mozzarella Cheese) Seasoned Corn Fresh Baby Carrots Fresh Local Apple | Rotini Pasta w/Turkey Meat Sauce OR Rotini Pasta w/Marinara Sauce & Mozzarella Cheese Glazed Carrots Fresh Broccoli Florets Pineapple Cup | Homemade Cheese Pizza OR Haitian Style Fish w/Red Beans & Brown Rice Baked Beans Fresh Local Kale Caesar Salad Fresh Orange | Cheeseburger OR Teriyaki Veggie Burger Green Beans Italiano Fresh Romaine and Tomato Salad Fresh Banana | PROFESSIONAL DEVELOPMENT DAY NO SCHOOL  |
| May 9 | May 10 | May 11 | May 12 | May 13 |
| Chicken Nuggets w/ Mumbo Sauce & Dinner Roll OR Veggie Chili w/Dinner Roll Roasted Broccoli Fresh Baby Carrots Fresh Local Apple | Turkey Meatball Sub w/ Marinara & Mozzarella on a Bun OR Mac-N-Cheese w/ Dinner Roll Southwest Pinto Beans Homemade Confetti Coleslaw Pineapple Cup | URUGUAY FOOD DAY Meat Tart with Mashed Sweet Potatoes & Garlic Bun OR  Vegetable Tart with Mozzarella and Kale Sweet Potato Fries Fresh Cucumber Coins Fresh Orange | Homemade Cheese Pizza OR Parmesan Chicken Sandwich Seasoned Carrots Fresh Local Tuscan Kale Salad Fresh Banana | Chicken & Waffle OR Egg Patty & Waffle Roma Roasted Red Potatoes Fresh Celery Sticks 100 % Fruit Punch |
| May 16 | May 17 | May 18 | May 19 | May 20 |
| Cheeseburger OR Teriyaki Veggie Burger Baked Beans Homemade Confetti Coleslaw Fresh Local Apple | Rotini Pasta w/ Turkey Meat Sauce OR Rotini Pasta w/Marinara Sauce & Mozzarella Cheese Green Beans Italiano Fresh Baby Carrots Pineapple Cup | Pulled Turkey & Gravy Sandwich w/Cranberry Sauce OR Garden Salad w/ Romaine, Cheese & Dinner Roll Mashed Potatoes w/Gravy Fresh Celery Sticks Fresh Orange | Mozzarella Pizza Melt OR Haitian Style Fish w/Red Beans & Brown Rice Garlic Lemon Broccoli Fresh Baby Carrots Fresh Banana | Spicy Asian Chicken w/ Ginger Lime Brown Rice OR Veggie Lo Mein Glazed Carrots Fresh Romaine and Tomato Salad 100 % Fruit Punch |
| May 23 | May 24 | May 25 | May 26 | May 27 |
| Parent Teacher Conferences  NO SCHOOL | Chicken Nuggets w/ Mumbo Sauce & Dinner Roll OR Garden Salad w/ Romaine, Cheese & Dinner Roll Seasoned Carrots Fresh Cucumber Coins Pineapple Cup | Ukrainian Chicken Breast w/ Garlic Bun OR Veggie Chili w/Garlic Bun Roma Roasted Red Potatoes Fresh Local Kale Caesar Salad Fresh Orange | Homemade Cheese Pizza OR Parmesan Chicken Sandwich Local Country Collard Greens Fresh Celery Sticks Fresh Banana | Capitol City Chicken Drumstick w/Dinner Roll OR Uruguay Vegetable Tart with Mozzarella and Kale Southwestern Pinto Beans Fresh Baby Carrots 100 % Fruit Punch |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| BBQ Chicken Salad w/Romaine Lettuce, Black Beans, and Mozzarella Cheese w/Dinner Roll | Assorted Deli Meat Sandwich on Whole Grain Roll | Chef Salad w/Fresh Romaine, Turkey Ham, Cheese & Garlic Bun | Southwest Chicken Salad w/ Romaine, Corn, Black Beans w/Dinner Roll | Turkey and Cheese Sub w/Fresh Lettuce and Tomato |